



Keystone 65 Choice Point-of-Service Rider

An Addendum to Your
Evidence of Coverage

Effective January 1, 2008
through December 31, 2008

1-800-645-3965
TTY/TDD: 1-888-857-4816
Seven days a week
8 a.m. — 8 p.m.

Benefits underwritten or administered by Keystone Health Plan East, a subsidiary of Independence Blue Cross—Independent licensees of the Blue Cross and Blue Shield Association.

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SECTION 1

IMPORTANT DEFINITIONS

For the purpose of understanding benefits for non-plan (out-of-network) covered services, the terms below have the following meaning:

ALLOWED AMOUNT—The eligible dollar amount of self-referred covered services. The allowed amount will be determined based on:

- A. When care is provided, not when payment is made; and
- B. Whether the provider is a plan (in-network) professional provider, plan (in-network) facility provider, a non-plan (out-of-network) professional provider or a non-plan (out-of-network) facility provider.
 - (i) The allowed amount for covered services provided by a plan facility provider is the billed charge for that covered service reduced by the plan-wide discount in effect for the time period in which the covered services are provided.
 - (ii) The allowed amount for covered services provided by a plan professional provider is the amount determined by the Keystone 65 fee schedule.
 - (iii) The allowed amount for covered services provided by a non-plan facility provider or a non-plan professional provider that participates with Medicare is the amount determined by the Medicare fee schedule.
 - (iv) The allowed amount for covered services provided by a non-plan facility provider or a non-plan professional provider that does not participate with Medicare is the lesser of the actual charge or up to 115% of the Medicare allowed amount. In some states, the member may be responsible for amounts in excess of the Medicare allowed amount. Some states, including Pennsylvania, do not allow balance billing.

ANNUAL COINSURANCE MAXIMUM—The maximum amount of coinsurance that a member will pay for self-referred covered services in each calendar year as shown in the Schedule of Coinsurance and Limitations. The annual coinsurance maximum does not include the deductible amount, any amounts above the allowed amount, or the amount for any non-covered service.

COINSURANCE—A type of cost-share for which the member assumes a percentage of the allowed amount for covered services (such as 20%).

DEDUCTIBLE—A specified amount of self-referred covered services paid by a member before benefits are provided for any remaining self-referred covered services.

LIFETIME BENEFIT MAXIMUM—The maximum amount of benefits available under this program for self-referred covered services as shown in Section 6 - Schedule of Coinsurance and Limitations.

IMPORTANT NOTE: If you have coverage through your former employer, Health and Welfare Fund or Association Group, your policy and procedures may differ. In some cases, benefits may vary. Consult your Schedule of Copayments and Limitations or Member Services for additional information.

PRIOR AUTHORIZATION (*approval in advance*)—The process whereby all self-referred non-emergency, inpatient and outpatient admissions (surgical, medical, and psychiatric), skilled nursing facility services, rehabilitation therapy services, home health care services, and durable medical equipment are reviewed and approved by Keystone 65 prior to being provided. The purpose of this review is to determine medical necessity and, for admissions, the appropriate length of stay. The member is required to notify Keystone 65 of any self-referred admission at least five (5) working days prior to the scheduled admission. When covered services are required immediately, due to the severity of the member's medical condition, an expedited process is available. Upon notification, Keystone 65 will issue to the member an authorization form and an authorization number prior to the admission. The member must call the prior authorization (*approval in advance*) telephone number shown on the back of the member ID card in order to comply with this notification requirement, and to obtain the required authorization form and authorization number. Services that require prior authorization (*approval in advance*) and that have not been prior authorized (*approved in advance*) will not be covered.

SELF-REFERRED COVERED SERVICE (*self-referred*)—All covered services listed in Section 6 – Schedule of Copayments and Limitations that the member receives from a plan (in-network) provider or a non-plan (out-of-network) provider without obtaining a referral from the primary care physician. Prior authorization (*approval in advance*) is required for some self-referred covered services.

SECTION 2

BENEFITS FOR SELF-REFERRED COVERED SERVICES

In addition to the benefits described in the Evidence of Coverage, benefits are provided for certain self-referred covered services. Self-referred covered services are covered services obtained without a referral from the member's primary care physician; they may be obtained from plan (in-network) or non-plan (out-of-network) providers. These benefits and payment levels are described in the Schedule of Copayments and Limitations. For questions related to benefits for self-referred covered services, please call the Member Services Department at the number listed on the cover of this booklet.

SECTION 3

SUMMARY OF BENEFITS

Benefits are provided under this program for medically necessary self-referred covered services as listed in the Schedule of Copayments and Limitations included in this summary. If the member self-refers to any provider other than for emergency services, urgently needed services, renal dialysis (while temporarily out of the area but within the United States) and post-stabilization care, the member may be responsible for payments in excess of the allowed amount in addition to the deductible and coinsurance shown in the Schedule of Copayments and Limitations. You can avoid these charges by always choosing providers who participate with Medicare. Some states, including Pennsylvania, do not permit providers to bill in excess of the Medicare allowed charge.

Benefits for self-referred covered services incurred by a member in a calendar year will be paid at 100% of the allowed amount after the member has paid the annual coinsurance maximum for that calendar year. See the Schedule of Copayments and Limitations for the annual coinsurance maximum amount.

Prior authorization (*approval in advance*) is required for all non-emergency, self-referred inpatient and outpatient admissions, skilled nursing facility services, rehabilitation therapy services, home health care services, and durable medical equipment, and is the responsibility of the member.

APPLICATION OF COINSURANCE

Example 1: The member self-refers to a facility provider who is a plan (in-network) provider.

Charges, discount, allowance, deductible, coinsurance and covered benefit amount

Provider Charge	\$30,000
Less Keystone 65 plan-wide discount*	-\$24,000
Allowance eligible for deductible/coinsurance	\$6,000
Less 20% coinsurance paid by Member	-\$1,150
Covered benefit amount	\$4,850

*The plan reserves the right to change or adjust the Keystone 65 plan-wide discount.

Example 2: The member self-refers to a non-facility provider who is a plan (in-network) provider.

Charges, allowance, deductible, coinsurance and covered benefit amount

Provider charge (allowance)	\$600
Allowance eligible for deductible/coinsurance	\$600
Less 20% coinsurance paid by member	-\$70
Covered benefit amount	\$530

Example 3: The member self-refers to a specialist who is a non-plan (out-of-network) provider.

Charges, allowance, deductible, coinsurance and covered benefit amount

Provider charge (allowance)	\$450
Allowance eligible for deductible/coinsurance	\$450
Less 20% coinsurance paid by member	-\$40
Covered benefit amount	\$410

SECTION 4

EXCLUSIONS

In addition to the exclusions listed in the Evidence of Coverage, the following are also excluded from coverage or reimbursement as benefits for self-referred covered services:

- All preventive care including routine physicals and routine gynecological exams and associated screenings, hearing evaluations, and routine eye examinations and refractions.
- Any inpatient or outpatient admission, skilled nursing facility service, rehabilitation therapy service, home health care service, or durable medical equipment that is not prior authorized (approved in advance).
- All services provided under the dental and prescription drug benefits.
- All self-referred services that exceed the allowed amount, the lifetime benefit maximum or the annual benefit maximum (see the Schedule of Copayments and Limitations).

SECTION 5

HOW TO RECEIVE REIMBURSEMENT FOR SELF-REFERRED COVERED SERVICES

Claims Procedure—The following information applies to self-referred covered services:

- The member will be required to file a claim in order to receive payment for all self-referred covered services.
- In order to receive a claim form, the member may call the Member Services Department at the telephone number shown on the back of the member ID card.
- The member must follow the claim form instructions, including the submission of itemized bills and all required information. The claim form must be signed by the member in order for payment to be issued for self-referred covered services.
- A completed claim form may be submitted after incurred expenses for self-referred covered services that exceed the deductible for each calendar year.
- Submitted claim forms must be received no later than twelve (12) months after the end of the year in which self-referred covered services are received.
- All claim forms with required information should be sent to the address shown on the claim form.

SECTION 6

**SCHEDULE OF COPAYMENTS & LIMITATIONS
KEYSTONE 65 POINT-OF-SERVICE (POS) PLAN**

The coinsurance and limitations shown apply only to self-referred covered services unless otherwise stated.

BENEFIT	SELF-REFERRED CARE
ANNUAL DEDUCTIBLE	
Per member	\$265
ANNUAL COINSURANCE MAXIMUM	
Per member	\$1,000
COINSURANCE PERCENTAGE	20% of allowed amount after the deductible has been met in each calendar year. The Member is responsible for the coinsurance shown for self-referred covered services.

BENEFIT	SELF-REFERRED CARE
Office visit to Primary Care Physician (PCP)	N/A Routine care is not a covered self-referred benefit
Home visit to PCP	N/A
After-hours visit to PCP	N/A
Office visit to Specialists	20%
Ambulance	20%
EMERGENCY & URGENT CARE:	
Visit to Emergency Room*	Same as in-network
Urgently needed care visit**	Same as in-network

* This copayment will **NOT** be waived if the Member is admitted to the hospital. This does not apply to all plans. Please consult your Schedule of Copayments and Limitations or contact Member Services for additional information.

****Urgent care and emergency services outside the service area but within the United States are covered under the basic HMO program with applicable copayment. Emergency services outside the United States (except under limited circumstances and urgent care) are subject to self-referred annual deductible and coinsurance.**

**SCHEDULE OF COPAYMENTS & LIMITATIONS
KEYSTONE 65 POINT-OF-SERVICE (POS) PLAN**

The coinsurance and limitations shown apply only to self-referred covered services unless otherwise stated.

BENEFIT	SELF-REFERRED CARE
OUTPATIENT:	
Outpatient facility surgery or services¹	20% (prior authorization required)
Outpatient rehabilitation service visit (Physical, occupational and speech therapy)	20% (prior authorization required)
Outpatient mental health visit	20% Outpatient & partial hospitalization sessions: 60 outpatient visits or partial hospitalization sessions per calendar year with a lifetime benefit maximum of 120 visits or sessions.
Outpatient substance abuse treatment	20% Substance abuse treatment, detoxification, outpatient & partial hospitalization sessions: 60 outpatient visits or partial hospitalization sessions per calendar year with a lifetime benefit maximum of 120 visits or sessions.
Home health care	20% coinsurance (prior authorization required)
Lab	20% coinsurance
X-Ray	20% coinsurance
Durable medical equipment	20% coinsurance (prior authorization required over \$500)
Prosthetics	20% coinsurance (prior authorization required over \$100)
Diabetic monitoring supplies	20% coinsurance

¹Outpatient facility surgery: Per service when performed in an outpatient facility. (i.e.): outpatient department of hospital, short procedure unit, or ambulatory surgical center. Prior authorization (approval in advance) required. This does not apply to all plans. Please consult your Schedule of Copayments and Limitations or contact Member Services for additional information.

**SCHEDULE OF COPAYMENTS & LIMITATIONS
KEYSTONE 65 POINT-OF-SERVICE (POS) PLAN**

The coinsurance and limitations shown apply only to self-referred covered services unless otherwise stated.

BENEFIT	SELF-REFERRED CARE
OUTPATIENT: (CONTINUED)	
Dialysis	20% coinsurance
Chiropractic	20% coinsurance
Podiatry (non-routine)	20% coinsurance
Hearing exam	20% coinsurance
Hearing aid benefits	Same as in-network
PREVENTIVE CARE, DIAGNOSTIC & SCREENING TESTS:	
Routine physical exams	N/A
Bone mass measurement	N/A
Colorectal screening	N/A
Mammography	N/A
Pap tests	N/A
Pelvic exams	N/A
Prostate screening	N/A
Immunizations	N/A
INPATIENT ADMISSION:	
Inpatient acute care hospital	20% (prior authorization required)
Inpatient mental health facility [†]	20% (prior authorization required)
-Mental health care	
-Substance abuse	190-Day lifetime [†] benefit maximum in a Medicare approved inpatient facility for referred and self-referred benefits. Self-referred covered services for inpatient mental health days are part of and not in addition to the benefits provided for referred inpatient mental health days.

[†]190 Day lifetime maximum includes mental health and substance abuse treatment received in a Medicare approved mental health facility.

**SCHEDULE OF COPAYMENTS & LIMITATIONS
KEYSTONE 65 POINT-OF-SERVICE (POS) PLAN**

The coinsurance and limitations shown apply only to self-referred covered services unless otherwise stated.

BENEFIT	SELF-REFERRED CARE
INPATIENT ADMISSION: (CONTINUED)	
Inpatient non-hospital substance abuse	20% (prior authorization required) 90 day lifetime ^{††} benefit maximum for care provided in a Medicare-approved substance abuse treatment facility.
Inpatient skilled nursing care facility	20% (prior authorization required)
LIFETIME BENEFITS MAXIMUM	\$1,000,000 per Member
OTHER SERVICES	
Blood	20% coinsurance
Medical nutrition therapy	20% coinsurance

^{††} 90 day Lifetime Benefit Maximum for care provided in a Substance Abuse Treatment Facility. Self-Referred Covered Services for Inpatient Substance Abuse Treatment are part of and not in addition to the Benefits provided for Referred Inpatient Substance Abuse Treatment.

